



Notice for Language and Disability Assistance for the School Nutrition Program: If you have difficulty communicating with us or understanding this information because you do not speak English or have a disability, please let us know. Contact Abby Rowland, School Nutrition Director, 136 Warriors Path, Cleveland, GA 30528, Tel. (706) 865-2315 ext. 1703, Email: Abby.Rowland@white.k12.ga.us. Free language assistance or other aids and services are available upon request.

Aviso de Asistencia de Lenguaje y Discapacidad para el Programa de Nutrición Escolar: Si tiene dificultades para comunicarse con nosotros, o para entender esta información porque no habla inglés o tiene alguna discapacidad, por favor infórmenos. Comuníquese con Abby Rowland, Directora de Nutrición Escolar, 136 Warriors Path, Cleveland, GA 30528, teléfono (706) 865-2315 ext. 1703, correo electrónico: Abby.Rowland@white.k12.ga.us. Tenemos disponibilidad de servicios gratuitos de ayuda en otros idiomas y otro tipo de asistencia y servicios cuando lo solicite.


 Apply for free or reduced price meals online:
www.EZMealApp.com
 It's not too late to apply for this school year!


 Pay for school meals online:
www.EZSchoolPay.com

Check your child's lunch account balance!

If your child has lunch charges, please pay them soon.

Call 706-865-2315 ext. 1703 or 1704 with any questions.

Friday, March 1

All Lines:

Chicken Sandwich
 Cheeseburger
 Fish Sandwich
 Baked Beans
 Potato Smiles
 Tossed Salad
 Fruit Ice

Available Daily 

Fresh Fruit and Vegetable Bar
Domino's Pizza (except Thursdays)
Choice of 1% White, 1% Chocolate, or fat free Strawberry Milk
Various A La Carte Items available for Purchase

Breakfast Items include:
Assorted Breakfast Sandwiches, Muffins, Assorted Fruits and Juices, and Choice of Milk.

Meal Prices:
Breakfast served at no cost to students
Lunch: \$2.50 (students)
School Staff / Visitors: Breakfast \$2.00, Lunch \$4.00

Menu subject to change due to availability.

This institution is an equal opportunity provider.

Monday, March 4	Tuesday, March 5	Wednesday, March 6	Thursday, March 7
National School Breakfast Week			
<p><u>Lines 1 and 2:</u> General Tso's Chicken Asian Rice Spring Roll <u>Warrior Express:</u> Chicken Wrap <u>All Lines:</u> Pizza Carrots Broccoli</p>	<p><u>Lines 1 and 2:</u> Tacos Taco Topping Bar <u>Warrior Express:</u> Chicken Cheese Burrito <u>All Lines:</u> Pizza Pinto Beans Corn Fruit Ice</p>	<p><u>Lines 1 and 2:</u> BBQ Nachos with Queso <u>Warrior Express:</u> BBQ Melt <u>All Lines:</u> Pizza Fresh Corn on the Cob Cabbage Sugar Cookies</p>	<p><u>Lines 1 and 2:</u> Chicken Strips with Gravy and Roll <u>Warrior Express:</u> Yogurt and Cheez-It Plate <u>All Lines:</u> Pizza Mac-n-Cheese Green Beans</p>

Friday, March 8

Schools closed



Root Veggies

Root veggies are not all from the same plant family, but all are edible taproots that grow underground.

Edible roots come in many sizes, shapes, and colors. They all provide fiber and are a great way to add color to your plate.

Radishes and beets are harvested in the spring; carrots are harvested in Georgia from December through June.

In addition to steaming, baking, or roasting, these root veggies can also be thinly sliced and enjoyed in their raw forms.

Carrots are among the top 10 vegetables produced in Georgia, per the 2021 Farm Gate Value Report.

Beets and radishes are not known for their commercial production in GA, but they are popular choices for school gardens.

Many people claim these root vegetables are sweeter when Georgia grown because of our climate.



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<p>Monday, March 11</p> <p><u>Lines 1 and 2:</u> Teriyaki Boneless Wings with Roll</p> <p><u>Warrior Express:</u> Yogurt and Pretzel Plate</p> <p><u>All Lines:</u> Pizza Mashed Potatoes Green Peas</p>	<p>Tuesday, March 12</p> <p><u>Lines 1 and 2:</u> BBQ Pulled Pork</p> <p><u>Warrior Express:</u> Hotdog</p> <p><u>All Lines:</u> Pizza Mac-n-Cheese Green Beans Coleslaw</p>	<p>Wednesday, March 13</p> <p><u>Lines 1 and 2:</u> Chili with Crackers</p> <p><u>Warrior Express:</u> Cubano Sandwich</p> <p><u>All Lines:</u> Pizza Baked Potato Broccoli with Cheese</p>	<p>Thursday, March 14</p> <p><u>Lines 1 and 2:</u> Chicken Fajitas Fajita Topping Bar</p> <p><u>Warrior Express:</u> Cheese Quesadilla</p> <p><u>All Lines:</u> Pizza Pinto Beans Spanish Rice Corn</p>	<p>Friday, March 15</p> <p><u>All Lines:</u> Chicken Sandwich Cheeseburger Fish Sandwich Pizza Potato Smiles Baked Beans Sandwich Topping Bar</p>
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<p>Georgia Agriculture Week</p>				
<p>Monday, March 18</p> <p><u>Lines 1 and 2:</u> Chicken Tenders with Roll</p> <p><u>Warrior Express:</u> Yogurt and Muffin Plate</p> <p><u>All Lines:</u> Pizza Mashed Potatoes GA Field Peas</p>	<p>Tuesday, March 19</p> <p><u>Lines 1 and 2:</u> Soft Shell Tacos (beef or pulled chicken) Taco Topping Bar</p> <p><u>Warrior Express:</u> Cheese Quesadilla</p> <p><u>All Lines:</u> Pizza Pinto Beans Corn Spanish Rice</p>	<p>Wednesday, March 20</p> <p><u>Lines 1 and 2:</u> Waffles and Sausage Yogurt & Muffin Plate</p> <p><u>Warrior Express:</u> Cubano Sandwich</p> <p><u>All Lines:</u> Pizza Hash Brown Cheesy Grits Sliced Cucumbers Cherry Sidekick</p>	<p>Thursday, March 21</p> <p><u>Lines 1 and 2:</u> General Tso's Chicken Peanut Butter Sandwich Asian Rice Spring Roll</p> <p><u>Warrior Express:</u> Turkey Sub Sandwich</p> <p><u>All Lines:</u> Pizza Broccoli Carrots</p>	<p>Friday, March 22</p> <p><u>All Lines:</u> Cheeseburger Chicken Sandwich with Hot Honey Sauce Fish Sandwich Pizza Baked Beans French Fries Sandwich Fixings Fruit Ice</p>

<p>Monday, March 25</p> <p><u>Lines 1 and 2:</u> Chicken Alfredo with Texas Toast Yogurt & Muffin Plate</p> <p><u>Warrior Express:</u> Yogurt & Muffin Plate</p> <p><u>All Lines:</u> Pizza Broccoli Glazed Carrots</p>	<p>Tuesday, March 26</p> <p><u>Lines 1 and 2:</u> Spaghetti with Texas Toast</p> <p><u>Warrior Express:</u> PB&J Sandwich</p> <p><u>All Lines:</u> Pizza Lima Beans Roasted Potatoes Tossed Salad</p>	<p>Wednesday, March 27</p> <p><u>Lines 1 and 2:</u> Chicken Fajitas Fajita Topping Bar</p> <p><u>Warrior Express:</u> Cheese Quesadilla</p> <p><u>All Lines:</u> Pizza Pinto Beans Spanish Rice Corn</p>	<p>Thursday, March 28</p> <p><u>Lines 1 and 2:</u> Cheesy Breadsticks with Marinara Sauce Sub Sandwich Basket</p> <p><u>Warrior Express:</u> Sub Sandwich Basket</p> <p><u>All Lines:</u> Pizza Mac-n-Cheese Green Beans Tossed Salad</p>	<p>Friday, March 29</p> <p><u>All Lines:</u> Chicken Sandwich Cheeseburger Fish Sandwich Pizza Baked Beans Potato Smiles Tossed Salad Fruit Ice</p>
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